



THE ROMAN CATHOLIC DIOCESE OF LAS CRUCES

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Dress Code, Packing Tips and Packing List

Male Dress Code:

- ✓ No tank tops or sleeveless shirts
- ✓ Shorts/swim trunks must be mid-thigh [no more than 3 in. above the knee]
- ✓ No low-rider pants, shorts or jeans (at no point should midriff or underwear show)
- ✓ No skin tight or transparent clothing; no 'skinny pants'
- ✓ No half-shirts
- ✓ No t-shirts or shirts with crude slogans or inappropriate messages.

Female Dress Code:

- ✓ No tank tops or sleeveless tops or dresses
- ✓ Shorts must be mid-thigh [no more than 3 in. above the knee]
- ✓ Skirts/skorts/dresses-hem must touch floor when kneeling (even when worn with leggings)
- ✓ Modest one-piece swimsuits
- ✓ No low-rise pants/skirts/shorts (at no point should midriff or underwear show)
- ✓ No skin tight or transparent clothing; no 'skinny pants'
- ✓ No mid-drift tops
- ✓ No t-shirts or shirts with crude slogans or inappropriate messages

- It is highly recommended that each participant brings "working cloths" to wear at the work sites. Participants will have time to shower/change after arrival from worksites before dinner.
- We will be staying at Our Lord of Mercy Catholic Church's hall. Must bring your own sleeping bag and pillow. Cots are optional.
- The hall will be divided into our living space and eating space.
- **Under no circumstances pack any valuables or heirlooms.**
- The temperature average is high in the low 70's, low in the mid 30's.
- Friday we will visit other churches and places during our border excursion day. Lunch is on your own.

Packing Tips

- Pack light – take half of what you think you need!
- Pack only one suitcase/duffle bag, pack only as much as you can carry. You might want to bring a backpack for the worksite. Mark each bag with your name, address and telephone number.
- Must bring your own sleeping bag and pillow. Cots are optional.
- Take one credit or debit card if needed. Lave extra credit cards at home.
- Avoid taking contact lenses if possible.
- Pack liquids like lotions and aftershave in resealable plastic bags
- Tell the leader if you have medication that requires refrigeration.
- Pack in “used” suitcases, not brand new ones.
- Simplify your hair dressing and make-up routine. If possible, leave blow dryers and curling irons at home.
- Leave jewelry at home. Wedding rings and watches are OK.
- Leave radios, DVD Players, ipods, CD players, cell phones, and gameboys, etc. at home.
- Have one team member bring the basic first-aid kit for the whole team. (See First –Aid Kit items).

Packing List

Must bring:

- Servant’s heart
- Flexibility
- Positive attitude
- Sleeping bag and pillow. Cots are optional.

Toiletries

- Personal prescriptions if any
- Toiletries (toothbrush, paste, soap, shampoo, deodorant, razor, comb/ brush, feminine products)
- Mirror
- Make-up (min. only)
- Tissue packets
- Water bottle
- Sunscreen / Sunglasses
- Skin lotion & lip balm
- Insect repellent
- Disinfectant hand wash

Other Good Stuff

- Flashlight & batteries
- Camera, extra battery
- Small pocketknife
- Trash bags for used clothing
- Travel clock
- Snacks to share
- Travel games

Clothing (see dress code)

- Working cloths to wear @ work sites. You can wear the same cloths over. They will get dirty and smelly!
- Shorts/pants for evening program.
- Working shoes.
- Shoes/sandals for evenings.
- Underwear
- Socks
- Sweatshirt
- Jacket / sweater
- Modest sleepwear
- Travel clothing for return trip
- Modest swimsuit for shower.
- Flip flops for shower
- Light towel & wash cloth
- Sun hat / bandana
- Poncho / umbrella
- Extra pair of glasses
- Friday outing’s clothing
On Friday we will be visiting other churches and will pay a visit to the border. We will eat at a restaurant. We will have a different type of evening program.

Ministry Stuff

- Work gloves
- Work shoes
- Tools (that you can donate). Let office of Hispanic Ministry know if you can bring any of this items
- Musical instrument. Let office of Hispanic Ministry know if you have musicians in your group
- Journal
- Bible

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